

SILAT SENI GAYONG MALAYSIA CLUB CFS IIUM

• BACKGROUND

SSGMC is one of the Martial Arts Club in CFS IIUM. This club was administered by Mr. Abdul Aliff Bin Mohamad as an advisor and also our high committees like President, Secretary and Treasurer in order to ensure our objectives can be achieved. In CFS IIUM, silat training will be held once a week which is on Friday. Training will be assist by our coach, Mr. Zulfahmi bin Zulkifli.

• OBJECTIVES

- To develop Silat Seni Gayong Malaysia Club nationally and internationally
- To encourage the members to continue the rest of their training in Silat Seni Gayong
- To strengthen the bond between all Silat Gayong members

• MISSION

- Exposes the society on the importance of Martial Arts in developing one's self-worth

• VISION

- Maintaining the tradition of martial arts which is the heritage of Malay to remain strong over the centuries and became the pride of the nation

• ACTIVITIES

- **Weekly Training:**
Silat training was held once a week. It is on Friday at 9pm. Training will be focusing on Silat Gayong syllabus. It will be conducted by Mr. Zulfahmi bin Zulkifli and also his assistant.
- **Majlis Ikrar Silat Gayong:**
This event was held in September 2019. It was solemnized by Cikgu Rahim bin Masrom, one of Silat Gayong coach in Pahang. It is an official ceremony for the new members to solemnly promise for their loyalty and readiness to become a student of Silat Gayong.
- **Silat Regu Workshop:**
This event was held in December 2019. Silat Regu is one of the categories that is being contested in National and International Silat Competition. The objectives of this workshop are to teach them the movement in Regu which consists of 99 steps and to expose the rules and regulations of this category in any competition. This is also can be regarded as a preparation for the members to compete in a competition in the future.

