



الجامعة الإسلامية العالمية ماليزيا
INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA
يُونَيْتِي اِسْلَامًا اِنْتَارَا اِيْحْسَابًا مِلِّيْسِيَا



CENTRE FOR FOUNDATION STUDIES,
INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA
(IIUM),
GAMBANG PAHANG

**Lists of Activities for
Shito-Ryu Karate-Do Club
(Batch 2019/2020)**

1. Annual Grand Meeting

Annual Grand Meeting (AGM) is a tradition that is being held in the Centre of Foundation Studies of International Islamic University Malaysia to introduce the clubs and societies that are offered. It is also the time to appoint the new High Committees and Head of Bureaus to lead the clubs and societies. The AGM was held for one week at various locations around the CFSIIUM Gambang. The type of Karate-Do that are introduced in this campus is Shito-Ryu. It is a form of Karate that was founded in 1934 by Kenwa Mabuni. There are a total of 86 new students (43 Brothers and 46 Sisters) that went to the Shitoryu Karate-Do AGM which was held on the 7th of July 2019 (6 Zulkaeda 1440)

2. Weekly Training

In order to improve the physical strength of Karateka and also to understand, learn and practice the 3K's of Karate which are *Kihon* (Fundamentals), *Kumite* (Grappling Hands/Sparring) and *Kata* (Forms), Karate Club Batch 2019/2020 decided to have training sessions twice a week. The training was held in Al-Khawarizmi Hall every Monday and Thursday night from 9pm to 11pm. The training are sometimes lead by experienced Sensei from IIUM Gombak Campus or lead by Senpai Syahmi (President of Shito-Ryu Karate Club CFS Gambang) on which he strictly followed the syllabus that were directed by Sensei.

3. Belt Upgrading

The coloured belt system is unique to Japanese martial arts and signifies an individual's development withing that particular style of karate. For Shito-ryu Karate-Do, The Belt starts from White Belt (9th Kyu), followed by Yellow Belt (8th Kyu), Green Belt (7th Kyu), Blue Belt (6th Kyu), Purple Belt (5th Kyu), Brown Belt (1-4th Kyu) and the highest belt is Black Belt (1st Dan Shodan – 9th Dan). This is a way to appreciate all the hard works and determinations of Karateka who trained enthusiastically to master and memorize Karate Syllabus. IIUM Karate-Do Club for all 4 campuses (Gombak, Kuantan, Pagoh and Gambang) usually have standardized Belt-Upgrading Ceremony which is held at IIUM Gombak, Once per semester. IIUM CFS Gambang Karate-Do Club Batch 2019/2020 managed to join Belt-Upgrading in Semester 1, which is the transition from White Belt to Yellow Belt.

4. *Majlis Sukan Universiti Malaysia (MASUM)*

MASUM is an annual sport and martial arts meet for all public universities in Malaysia. There are varieties of sport and martial arts that partake in competing in this event including Karate. MASUM 2019 were coincidentally held at University Malaysia Pahang, Gambang which is very close to IIUM CFS Gambang Campus. Therefore, the newly students that joined Karate-Club get the opportunities to go to UMP Gambang to support the Senpai (Seniors) from IIUM Gombak, Pagoh and Kuantan campus that represents IIUM to compete *Kata* and *Kumite* with other Karateka from other universities. By witnessing this event, the new Karateka now have real-life experience on how it feels like to be in a competition. They also gain knowledges about Karate which can be applied during training by witnessing the performance of the seniors.

5. IIUM Karate-Do Close Tournament (IKCT)

IKCT is an annual tournament which was organized by IIUM Shito-Ryu Karate-Do in collaboration with Shito-Ryu Karate-Do Selangor. The tournament is held in IIUM Gombak on which all 4 campuses (Gombak, Pagoh, Kuantan, Gambang) of IIUM are participating. The aim of this tournament is for the Karateka of IIUM to experience real-life professional tournament to improve their skills as well as to find potential Karate athletes to represent IIUM during national and international tournaments in the near future. Each athlete represent their own campus in *Kumite*, *Individual Kata* and *Team Kata*. In 2019, during the 7th IIUM Karate-Do Close Tournament, CFS Gambang won 1st Place for Overall *Kumite* (4 Gold, 7 Silver and 8 Bronze) and 3rd place for Overall *Kata*.

6. Annual Grand Dinner (AGD)

The evening before the 7th IIUM Karate-Do Close Tournament (IKCT), AGD was held in Kuliyyah of Architecture and Environmental Design (KAED) Buildings at IIUM Gombak Campus. All the attendees which comprise of all Karate-Do Club Members from all 4 campuses as well as Sensei Mizan and Sensei Iman have a get together. Everyone is donned with *Batik* clothing as it was the theme for the dinner. AGD was the night to especially dedicated and appreciate the efforts of Sensei that continuously support Karateka physically, emotionally and spiritually. They taught us Karate with determinations since it was their passion but not forgetting to remind us of our roots and our responsibilities as a students and Muslim. The AGD comprise of dinner, performances, speeches, lucky draws, best dressed and photography sessions.

7. CFS Festival

CFS Festival is the biggest event that was held in CFS IIUM Gambang. All clubs and societies are involved in this event. There are varieties of programmes that was organized by different clubs and societies during this festival. The highlights of the festival is the entrepreneurship opportunities for clubs and societies. Two clubs of both Academic-Based Societies and Non-Academic Based Societies did a Joint-Venture and represents a state of Malaysia. Karate-Do and Entrec Club represented Negeri Perak in which our tents is decorated with Yellow, Black and White colors which is the color of Perak's flag. We also sold Perak Traditional Foods as well as other delicious foods and prepare an exhibition about Perak. The event was a major success since Karate-Do gain lots of profits and memories.

8. Sports and Martial Arts Carnival (SMAC)

In Semester 3, CFS Festival was combined with SMAC. SMAC is an annual events where all Academic-Based Societies competing with each other on track and fields events, Netball, Football, Badminton, E-sports and many others. Martial Arts are also involved in making a demonstration at the Closing Events of SMAC. Karate-Do collaborate with other martial arts clubs in CFS which are Taekwando, Aikido, Silat Cekak Ustaz Hanafi and Silat Gayong to make a demonstration. Other than the gimmicks and collaborations with other martial artists, Karate-Do individual performances are *Pattern*, followed by *Kumite*, *Team Kata Sisters*, *Team Kata Brothers* and last but not least the *Bunkai*.

